Millburn Classroom Lunch Menu



arbor mgt.com

"Ask the Dietitian", heck out our websit

Monday	Tuesday	Wednesday	Thursday	Friday	FREE
			1 Turkey and Cheese	2 Sun Butter & Jelly	MEALS
			Sandwich Vegetable of the Day Chilled Cupped Fruit Milk	Wrap—V Vegetable of the Day Raisins/ Cranberries Milk	To All Children
5	6	7	8	9	🛐 18 and Under
Cheddar Cheese Stick-V Goldfish Pretzels Hard Boiled Egg Vegetable of the Day Fresh Fruit Milk	Crispy Chicken Roll-Up Vegetable of the Day Chilled Cupped Fruit Milk	"Say" Cheese Sandwich –V Vegetable of the Day Fresh Fruit Milk	Bean & Cheese Dip with Nacho Chips—V Vegetable of the Day Chilled Cupped Fruit Milk	Turkey & Cheese Sub Vegetable of the Day Raisins/ Cranberries Milk	Included with Every Meal Fruit and Vegetable
12	13	14	15	16	1% or Fat-Free Milk
Yogurt Pack –V Strawberry Yogurt Cheese Stick Cinni Mini Vegetable of the Day Fresh Fruit Milk	Sun Butter & Jelly Sandwich –V Vegetable of the Day Chilled Cupped Fruit Milk	Pizza Munchable with Cheese & Marinara –V Vegetable of the Day Fresh Fruit Milk	Chicken Salad w/Pita Vegetable of the Day Chilled Cupped Fruit Milk	Turkey Sandwich Vegetable of the Day Raisins/Cranberries Milk	Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunit employer.
19	20	21	22	23	Arbor A+ Nutrition Mission
"Say" Cheese Sandwich –V Vegetable of the Day Fresh Fruit Milk	Turkey & Cheese Sub Vegetable of the Day Chilled Cupped Fruit Milk	Crispy Chicken Salad Vegetable of the Day Raisins/Cranberries Milk	Turkey Ranch Roll–Up Vegetable of the Day Chilled Cupped Fruit Milk	Bean & Cheese Dip with Nacho Chips—V Vegetable of the Day Fresh Fruit Milk	 ✓ A wide variety of fresh, nutrient rich foods ✓ Fresh fruits and vegetables, locally sourced as seasonally available ✓ Cage free poultry with no added hormones or steroids
26 No On Site Learning	27	29	29	30	 Fresh whole and multigrain bread, buns and baked goods
	Chicken Salad w/Pita Vegetable of the Day Chilled Cupped Fruit Milk	Pizza Munchable with Cheese & Marinara –V Vegetable of the Day Fresh Fruit Milk	Turkey and Cheese Sandwich Vegetable of the Day Chilled Cupped Fruit Milk	Sun Butter & Jelly Wrap—V Vegetable of the Day Raisins/ Cranberries Milk	 ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms ~Arbor Mlanagement ~ Make Choices for a Healthy Lifestyle!
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April